

## Online Check Webinar The Real Change

Hello dear,

Please print me out and wait until we do this exercise togehter in the Webinar.

## 15 Questions:

- 1. When I work, I do it thoroughly.
- 2. I always have a smile on my face, I always feel relaxed and light.
- 3. I am actually trying not to meet the expectations placed on me.
- 4. I am a very active and ultra-social person (I get along with every).
- 5. I am constantly involved in discussions and never interrupt others.
- 6. I don't drum my fingers impatiently on the table (I'm not nervous and impatient).
- 7. Despite enormous efforts, there are many things that I start and then not able to finish really and also successfully.
- 8. I admire people who live carefree into the day and want to be like them.
- 9. Once I've started a task, I leave it and don't always finish it.
- 10. I don't put my wants and needs aside in favor of other people.
- 11. I tend to have a soft shell and a hard core.
- 12. I am diplomatic.
- 13. I have little understanding for stupid mistakes.
- 14. I prefer to solve my problems myself.
- 15. I like to show my weaknesses to others.

Please sum up your score of each question and listen to your evaluation results within the webinar.

If you have any further questions, do not hesitate to get in contact or send me a message on info@coachinglounge-darev.ch.

Kindest, Michaela