



Hey Powerwomen I'm Michaela

Thank you for your interest in a secrets of women's success How to get mentally sorted. This masterclass can change your life!

Learn what other women did and do to become successful in their love lives and what they did to earn much more money.

When you understand the power of your inner diamond - your potentials - and how to activate them you can achieve everything you were dreaming off for so long!



When you start doing these steps, it will change your way of thinking and therefore your success.

With this little worksheet you get a fantastic tool to deal with thoughts spinning in your head and change them right way. So what are you waiting for. Get started!





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Why is it important?

This worksheet helps you to get sorted and rid of thoughts spinning around your head, which are not supporting, inspireing and motivating you. You need to know, that everything that keeps you mentally occupied makes you heavy and sucks out your energy at the wrong spot.

It is much better to use your energy for things with are supporting you, which are inspireing you and giving you a lot more energy in return.

Step one take out that worksheet, get sorted and get rid of stressful thoughts. This little exercise is a game changer and all it takes is a bit discipline. So whenever you feel like it, sit down and do it.

You will see, you can use it in no time. Try it!





How to get mentally sorted



Worksheet

Please prepare to our masterclass:

Write down everything that comes up in your mind on the topic, situation or thing you would like to be coached on. Past or present, does not matter.

What is the topic:	
Describe the Situation:	

How to get mentally sorted



Worksheet



How to get mentally sorted



Worksheet

